

A1 German: 5-Week System

High-Level Roadmap & Daily Protocol

Objective: Achieve Goethe/Telc A1 standard proficiency in exactly 35 days. This roadmap employs a highly structured, low-friction protocol. By compartmentalizing the daily workload into strict time blocks, the system ensures consistent progression without cognitive overload. The focus remains strictly on standard A1 grammar and core vocabulary to build an unshakeable foundation for future technical language acquisition.

The Daily Protocol (3.5 Hours)

1.5 Hours	Input & Acquisition (Nicos Weg) Complete 2–3 short episodes of Deutsche Welle's <i>Nicos Weg</i> . Focus strictly on listening comprehension and completing the immediate interactive exercises on the DW platform.
1.0 Hour	Vocabulary Compilation & Retention Process the exact daily vocabulary list provided in the daily schedules. Add words to a Spaced Repetition System (SRS) like Anki. Drill active recall (German to English & English to German) and ensure noun genders (der/ die/das) are memorized as absolute units.
1.0 Hour	Active Output & Grammar Drills Execute the custom daily drills. This involves forced sentence generation, syntax arrangement, and grammatical translation based on the specific concepts learned that day. This phase locks in the mechanical rules of the language.

5-Week Execution Map

Week 1: Foundations & Architecture (Days 1–7)

Core Grammar Concepts

- Personal Pronouns (ich, du, er/sie/es)
- The absolute fundamentals: **sein** (to be) & **haben** (to have)
- W-Questions (Wer, Was, Wo, Woher) & Statement Syntax (Verb position 2)
- Definite and Indefinite Articles in Nominative

Vocabulary Themes

- Greetings, Introductions, and Farewells
- Numbers 1-100 & Basic calculations
- Countries, Languages, and Professions

W1 Milestone: Nicos Weg Episodes 1–15. You will be able to introduce yourself, state your profession, and ask basic orientation questions.

Week 2: Navigation & Noun Systems (Days 8–14)

Core Grammar Concepts

- Introduction to the **Accusative Case** (Direct Objects)
- Regular Verb Conjugation in Present Tense
- Plural Formation Rules
- Negation: **nicht** vs. **kein**

Vocabulary Themes

- Food, Groceries, and Meals
- Time, Days of the Week, Months
- Everyday objects and furniture

W2 Milestone: Nicos Weg Episodes 16–30. You will be able to order food, tell time, and accurately use direct objects in sentences.

Week 3: Mechanics & Modifications (Days 15–21)

Core Grammar Concepts

- **Modal Verbs:** können, müssen, wollen, dürfen (Syntax: Modal at pos 2, Infinitive at end)
- **Separable Verbs:** einkaufen, aufstehen, anrufen
- Possessive Articles (mein, dein, sein, ihr)

Vocabulary Themes

- Daily Routine and Chores
- Hobbies and Free time activities
- Directions and City Navigation

W3 Milestone: Nicos Weg Episodes 31–45. You will understand complex sentence structures with two verbs and be able to describe daily routines systematically.

Week 4: The Past & Parameters (Days 22–28)

Core Grammar Concepts

- Introduction to the **Dative Case** (Indirect Objects & Location)
- **Das Perfekt:** Spoken Past Tense (Auxiliary verb + Partizip II)
- Basic Prepositions with Time and Place (am, im, um, in, aus)

Vocabulary Themes

- Appointments, Health, and Body Parts
- Weather and Seasons
- Clothing and Shopping

W4 Milestone: Nicos Weg Episodes 46–60. You will be able to speak about past events, manage appointments, and understand basic positional cases.

Week 5: Consolidation & Output (Days 29–35)

Core Grammar Concepts

- Imperative (Commands and Requests)
- Conjunctions (und, oder, aber, denn)
- Comprehensive Grammar Review (Nominative, Accusative, Dative, Perfekt)

Vocabulary Themes

- Writing formal/informal emails & letters
- Housing, Renting, and Living situations
- Review of all prior themes

W5 Milestone: Nicos Weg Episodes 61–72. Completion of full Goethe/Telc A1 Mock Exams (Reading, Listening, Writing, Speaking simulation).